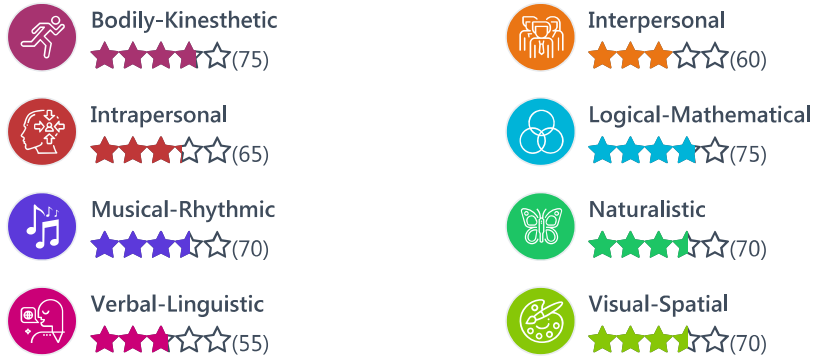


Multiple Intelligences



Bodily-Kinesthetic Intelligence

People with Kinesthetic intelligence learn through movement and experimentation. They enjoy sports and activities that require physical exertion and mastery. Some Kinesthetic people enjoy the artistic side of movement such as dance or any kind of creative movement. These artistic types enjoy acting and performing in front of an audience.

People with Kinesthetic intelligence enjoy building things and figuring out how things work. They like to use their hands and are very active. They have excellent motor skills and coordination. They are very physical and are keenly aware of their bodies



Characteristics

- Learns by doing
- Well-coordinated
- Good with hands
- Enjoys sports
- Seeks excitement
- Very active
- Crafty
- Energetic
- Enjoys the outdoors
- Athletic

Your Score: 75 , "Bodily-Kinesthetic" is one of your stronger intelligences.

Learning Strategies/How to Study

- Try moving around while you study.
- Take short breaks or walk while you study your notes.
- Manually write out the information over & over.
- "Do it" not just talk about it.
- Get a feel for it and follow hunches.
- Physically sort out your notes and rearrange the information using note cards.
- Practice, practice and practice.
- Imitate exactly how someone else does it.
- Find ways to act out or dramatize the information.
- Invent gestures to describe what you are learning.

Careers Associated

- Actor/Actress Athlete Construction Worker Choreographer Aerobics Trainer Magician Sports Trainer
Firefighter Park Ranger Paramedic/EMT Physical Therapist

Interpersonal Intelligence

People with Interpersonal intelligence thrive with social interaction. They are gifted at establishing rapport with strangers and make friends easily. They are adept at reading, empathizing and understanding others. People with Interpersonal intelligence work well with others and often have many friends. They are masters at collaboration.

Interaction, dialogue and lively discussions are ways in which people with Interpersonal intelligence learn. They are enthusiastic and lively. Others often seek them out for advice, help and comfort. They are good at making others feel welcome and often reach out to outsiders. They are inclusive of others. The more the merrier.



Characteristics

- Extraverted
- Enjoys social events
- Loves crowds
- Empathetic
- Enjoys teaching others
- Has many friends
- Enjoys team sports
- Counsels others
- Loves meeting new people
- Sensitive to others

Your Score: 60 , "Interpersonal" is one of your stronger intelligences.

Learning Strategies/How to Study

- Try hard to understand what the teacher wants to be able to do and what to know.
- Try to read teacher's mind and then check out to see if you are right.
- Ask 2 or 3 people in the class or a friend about what you are supposed to know.
- Ask the student who is a whiz to explain it.
- Can have fun "playing the role" or the person who is an expert.
- Lead a "study group".
- Talk to a best friend on the phone have a study together.
- Do your best to teach the new information to someone else and then have them teach it back to you.
- Try to be your own best cheerleader while you are learning something real hard.
- Remind to yourself that someone important is counting on you to do your best.
- Try to sell or persuade someone that you are an expert.
- Try and dramatize the information.

Careers Associated

Teacher Psychologist Sales Person Politician Public Relations Receptionist Counsellor Sales Agent
Social Worker Supervisor Manager Nurse Anthropologist

Intrapersonal Intelligence

People with intrapersonal intelligence are adept at looking inward and figuring out their own feelings, motivations and goals. They are quintessentially introspective. They analyze themselves and seek understanding. People with intrapersonal intelligence are intuitive and usually introverted. They learn independently and through reflection.

Philosophy, psychology and theology are often of interest to people with intrapersonal intelligence. They enjoy journaling because it helps them learn about themselves. They are also good at helping others understand themselves. They are able to predict the reactions of themselves and others



Characteristics

- Intuitive
- Self-aware
- Spends time reflecting
- Likes to learn about self
- Philosophical
- Independent
- Enjoys journaling
- Works well alone
- Usually introverted
- Interested in self-employment

Your Score: 65 , "Intrapersonal" is one of your stronger intelligences.

Learning Strategies/How to Study

- First ask yourself, "What do you already know about this?" and "Why is this information important to you? How does it fit in your life and your future? Will you ever need to know or use this?"
- Slow down your practice or study process to find and correct your mistakes or misunderstandings.
- Review your work often and ask yourself, "What did you just learn? Is it important to know and remember?"
- As you study a new subject you will remind yourself of what your learning strengths and try to use them to learn.
- If you become discouraged or frustrated or sidetracked you will think of ways to focus your thoughts and think positive.
- Learn to test yourself to discover if you are learning.
- Do not put yourself down because of your weaknesses.
- Find ways to boost your self confidence and do not give up.
- Use positive – self talk when solving problems.
- Remind yourself that you are own best teacher.
- Check out your new learning with teachers or parents to be sure you have studied correctly.

Careers Associated

Entrepreneur Farmer Inventor Researcher Philosopher Psychotherapist Scientist Lawyer
Theologian Writer Actor

Logical-Mathematical Intelligence

People with Logical intelligence process information through logic and reason. They are attracted to investigation by means of the scientific method. They do well with quantitative methods that rely on the researcher's ability to observe and reach a verifiable conclusion.

They dislike nebulous assumptions and subjective analysis. Instead, they trust hard facts and numerical data. They seek accuracy and precision in their learning and work. Their mind is complex and works like a computer. Logical Intelligence thrives on mathematical models, measurements, abstractions and complex calculations.



Characteristics

- Rational
- Objective
- Good at strategy games
- Likes numbers
- Seeks precision
- Grasps complex data
- Factual
- Logical
- Good at math
- Appreciates science

Your Score: 75 , "Logical-Mathematical" is one of your stronger intelligences.

Learning Strategies/How to Study

- Use logic to find explanations for how things work.
- Create detailed plans about connections and relationships between things.
- Seek out solutions like a detective.
- Make a game and challenge yourself to find a more efficient and better way to study.
- Test yourself to analyze your mistakes.
- Count on your errors and chart progress.
- Tackle the problem in an orderly way: first things first.
- Often ask WHY and HOW.
- Outline the logical pattern of the information and determine what's most important and least.
- Wonder about the possibilities and test out answers.

Careers Associated

Accountant Computer Programmer Engineer Financial Planner Lawyer/Attorney Mathematician
Medical Doctor Military Officer Scientist Investment Broker Systems Analyst Statistician

Musical-Rhythmic Intelligence

People with Musical intelligence recognize sounds and tones with ease. They appreciate music and rhythm. They have a "good ear" for music and can easily learn songs and melodies. They notice when someone is singing off-key. People with musical intelligence are good at imitating sounds or other people's voice or intonation.

Rhythm and music can be a way for them to memorize concepts. Some people with musical intelligence are especially gifted at composing, singing or playing an instrument. They often have a song running through their head. They often learn well through lectures since they are highly auditory.



Characteristics

- Highly auditory
- Can memorize songs
- Has good rhythm
- Notices off-key notes
- Enjoys different sounds
- Likes to sing
- Whistles or taps foot
- Talented with instruments
- Gifted at composing
- Sensitive to noise

Your Score: 70 , "Musical-Rhythmic" is one of your stronger intelligences.

Learning Strategies/How to Study

- Play familiar or relaxing music before or during your study time.
- Make up fun rhymes or lyrics using new information you must memorize.
- Listen for rhythms and sound patterns in explanations.
- Energize your brain to study when you are tired with strong music.
- Hum to yourself as you do your work.
- Take musical breaks.
- Make a DJ tape using the new information with appropriate music.
- Look for music that pertains to what you must study.

Careers Associated

Composer Orchestra Conductor Disc Jockey Music Teacher Musician Record Producer Singer
Song writer Studio Technician

Naturalistic Intelligence

People with Naturalist intelligence have a sensitivity to and appreciation for nature. The Naturalist intelligence focuses on how people relate to their natural surroundings. Naturalists have a special ability to grow plants, vegetables and fruit. They have an affinity for animals and are good at training and understanding them.

Naturalists can easily distinguish patterns in nature. They are aware of and intrigued by weather phenomena. They are good at discovering the wonders of nature. Naturalists love to walk, climb, camp and hike. They enjoy the outdoors. People with Naturalist intelligence are inspired and rejuvenated by nature.



Characteristics

- Notices natural patterns
- Learns through natural contact
- Upset by pollution
- Comfortable with animals
- Good at gardening
- Appreciates plants
- Appreciates scenic views
- Inspired by nature
- Enjoys outdoor activities
- Aware of weather changes

Your Score: 70 , "Naturalistic" is one of your stronger intelligences.

Learning Strategies/How to Study

- Observe carefully by using my senses to watch, listen, touch, smell and maybe even taste the new information.
- Record and then organize all this data into a system that makes sense to me.
- Try making separate lists, use a graph, collage, mobile or "mind-map" to show relationships and connections between the different parts.
- Follow a hunch then test it out.
- Build or imagine a living model.
- Think of animal metaphors and symbols for the new information to help you relate to it.
- Discover how this information fits into the natural world scheme of plants, animals and human life.
- See how things have developed over time and look for growth, change and the evolution of ideas and products.
- Imagine that you are a hunter tracking down the answers by following signs and footprints.
- Imagine that you are gathering food for your mind so your brain won't starve.
- Imagine that you are cultivating a garden or raising the next generation of good ideas.

Careers Associated

Animal Trainer Astronomer Farmer Park Ranger Geologist Doctor Scientist Veterinarian
Horticulturist Landscaper Marine Biologist Zookeeper

Verbal-Linguistic Intelligence

People with Linguistic intelligence love words. They enjoy reading and writing. Linguistic people are often gifted at learning languages. They appreciate the complexities of sentence structure, word structure, meaning and sound. They savor convoluted words and are quick at learning them. They possess rich vocabularies.

School is an area in which people with Linguistic intelligence often do well. They enjoy lectures and taking notes. They also have the ability to teach others and communicate complex concepts. People with Linguistic intelligence are adept at communicating through the written word and seek to hone their skills.



Characteristics

- Enjoys writing
- Good at editing
- Avid Reader
- Uses fancy words
- Enjoys word games
- Speaks of what they read
- Remembers quotes
- Likes puns and rhymes
- Enjoys foreign languages
- Loves English class

Your Score: 55 , Your "Verbal-Linguistic" Intelligence is moderately strong.

Learning Strategies/How to Study

- Read everything in the book carefully.
- Listen especially to explanations and write detailed notes which can then be rewritten and translated to your own words.
- Pick out key words to memorize.
- Build your vocabulary.
- Learn the meaning of words that confuse you.
- Can use a tape recorder to help you in studying by talking out loud and then listening to the recording.
- Make up a story out of what you learnt
- Create a rhyme to help you remember.
- Talk to someone about what you are trying to learn and try to teach or convince or sell them this new information.
- Write a checklist of everything you need to know and make an outline of the information.

Careers Associated

Writer Poet Teacher Lecturer Manager Lawyer Public Relations Court Reporter Editor Journalist
Reporter Interpretor Broadcaster/Newscaster Speech Pathologist Translator/Interpreter

Visual-Spatial Intelligence

People with Visual/Spatial intelligence are very aware of their surroundings and are good at remembering images. They have a keen sense of direction and often enjoy maps. They have a sharp sense of space, distance and measurement.

People with Visual intelligence learn well through visual aids such as graphs, diagrams, pictures and colorful displays. They usually enjoy visual arts such as drawing, painting and photography. They can visualize anything related to art, fashion, decoration and culinary design before creating it.



Characteristics

- Notices colors and shapes
- Can visualize anything
- Good at visual puzzles
- Enjoys geometry
- Loves to draw and paint
- Enjoys photography
- Appreciates books with pictures
- Good with directions
- Remembers places vividly
- Good at artistic composition

Your Score: 70 , "Visual-Spatial" is one of your stronger intelligences.

Learning Strategies/How to Study

- Organize your notes on the page in a clear design.
- Use "mapping" to visually arrange new information.
- Use different colored pens, markers, paper or notebooks.
- Visualize real life" situations involving the information.
- Do some drawing or building before reading to warm-up your brain.
- Picture yourself knowing how to use the new information very well on a test or project.
- Look to see how the whole problem works from beginning to end and then break it down into chunks and pieces.
- Use doodles, drawings or other symbols to help you to memorize things.
- Make cartoons or a video tape to explain complicated stuff and practice skills.
- Ask someone to show you how it works while you watch carefully.

Careers Associated

Architect Art Director Artist Computer Animator Pilot Film Editor Sailor Sculptor Fashion Designer
Graphic Designer Interior Decorator Photographer Video Editor Web Designer